



Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

## UNIT 7 (TEST A)

1.  Listen and complete the sentences with *something*, *somebody* or *somewhere*. (5 x 0.2 = 1)

### Most common teen dreams

If in your dream...

1. ... something or \_\_\_\_\_ chases you, you might be trying to avoid a fear or a relationship.
2. ... you're naked at school, you are not prepared for \_\_\_\_\_ like a test.
3. ... you fail a test, you are insecure about \_\_\_\_\_.
4. ... you lose \_\_\_\_\_, you think a valuable aspect of your life is at risk.
5. ... you're lost \_\_\_\_\_, it indicates that you feel vulnerable.

2. Read Anne's dream narrative and write true (T) or false (F). Correct the false sentences. (5 x 0.2 = 1)

I had a very strange dream last night. At the beginning, I was at home playing with my cat Monti. Then I threw a ball up in the air and he ran after it. But Monti failed to catch it and the ball rolled far away. When I went to look for it, I reached a door I didn't know was there. I had no idea where it led to but decided to open it and explore the area behind it. After a while, I found a path that ended in another room. And I was shocked to discover that it was my classroom! All my classmates were there and when my best friend saw me, she told me that there was a Maths test then. I became desperate and wanted to escape but I couldn't find my way back home. Suddenly, I heard my cat miaowing and began to follow those sounds. They guided me as I walked through a really dark tunnel. While I was approaching the place where the sounds came from, I felt something on my face and I was really scared. I thought it was a big spider and tried to kill it. However, I actually slapped my face and woke myself up. To my surprise, I saw my cat Monti next to my pillow asking for some milk and food.

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1. Anne had a recurring dream. [ ]  
\_\_\_\_\_

2. While she was looking for the ball, she found a door. [ ]  
\_\_\_\_\_

3. The path led to her own living room. [ ]  
\_\_\_\_\_

4. She couldn't see anything in the tunnel. [ ]  
\_\_\_\_\_

5. She woke up because she was crying. [ ]  
\_\_\_\_\_

**3. Complete the sentences using suitable compounds with *some, any* or *no*. (5 x 0.2 = 1)**

1. Anne was playing with her cat \_\_\_\_\_ in her house.

2. Anne knew \_\_\_\_\_ about the place behind the door she found.

3. After taking the path, Anne found that she wasn't \_\_\_\_\_ at home because her classmates were there.

4. \_\_\_\_\_ told her that there was a Maths test.

5. Anne wanted to escape but she could go \_\_\_\_\_.

**4. Complete these conditional sentences type 1 with the correct form of the verbs in brackets. (10 x 0.2 = 2)**

1. You \_\_\_\_\_ (be) too tired tomorrow if you \_\_\_\_\_ (go) to bed late tonight.

2. She \_\_\_\_\_ (feel) more relaxed if she \_\_\_\_\_ (practise) Tai chi.

3. If he \_\_\_\_\_ (not stop) working long hours, he \_\_\_\_\_ (be) stressed.

4. If I \_\_\_\_\_ (read) this horror book tonight, I \_\_\_\_\_ (have) nightmares.



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5. We \_\_\_\_\_ (start) the day in a more positive way if we \_\_\_\_\_ (do) meditation in the morning.
6. \_\_\_\_\_ you \_\_\_\_\_ (see) the glass half full if you \_\_\_\_\_ (focus) more on the positive things?
7. If people \_\_\_\_\_ (not be) realistic, they \_\_\_\_\_ (encounter) problems they didn't consider.
8. He \_\_\_\_\_ (get up) early tomorrow if he \_\_\_\_\_ (not forget) to set the alarm clock.
9. If she \_\_\_\_\_ (not do) any exercise during the day, she \_\_\_\_\_ (fall) asleep fast.
10. They \_\_\_\_\_ (become) conscious of the positive aspects if they \_\_\_\_\_ (write) a gratitude journal.

**5. Complete using questions tags. (10 x 0.2 = 2)**

1. He never has nightmares, \_\_\_\_\_?
2. Yesterday, you dreamed that you lost your wallet, \_\_\_\_\_?
3. They haven't seen a dream specialist, \_\_\_\_\_?
4. She's very tired, \_\_\_\_\_?
5. You've had this recurring dream for a long time, \_\_\_\_\_?
6. They're going to talk about their dreams, \_\_\_\_\_?
7. I'm a bit pessimistic, \_\_\_\_\_?
8. They won't sleep with the lights off, \_\_\_\_\_?
9. You often have problems sleeping, \_\_\_\_\_?
10. She drinks a glass of warm milk before going to bed, \_\_\_\_\_?

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**6. Complete these sentences with your own ideas. (5 x 0.2 = 1)**

1. If I become very rich in the future, \_\_\_\_\_.
2. My friends will be very happy if \_\_\_\_\_.
3. If I finish school in two years' time, \_\_\_\_\_.
4. I will sleep better if \_\_\_\_\_.
5. I won't have bad dreams if \_\_\_\_\_.

**7. You have just read an article about the benefits of optimism. Write a blog post commenting on this article and write about three things you will do in the future if you have some negative thoughts in your life again. Use conditional sentences. (2)**

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I've just read a very good article on the benefits of optimism. In this article, the writer says that positive attitudes lead to better coping skills, \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

So if I... \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_