

Name _____

Take care of your air!

Humans need food, water and air to live. Food and water are important, but air comes first. You can **survive** for a few days without water and a few weeks without food, but you can only survive a few minutes without air! This is why it's very important to take care of the air we breathe. Try these ideas and keep your air **fresh** and clean.

- Don't pollute! Most vehicles cause air pollution, so use other means of transportation when possible. Walk, ride a bike or take public transportation. Trains and buses can cause pollution, but a lot of people on a few trains is better than a few people in a lot of cars.
- Save energy. Producing energy usually pollutes the environment. When you use less energy in your home, you are reducing pollution.
- Reduce, reuse and recycle! Companies can cause a lot of pollution when they make things. When you reduce and reuse, you don't need new things! When you recycle, companies can use less energy and create less pollution.
- Read the list of ingredients. Take your time when you're shopping. Read labels and don't buy products that contain dangerous **chemicals**. If something can harm you, it can probably harm your environment, too.

1 Read and correct the information.

- Humans need air, water and ~~transportation~~ to live.
_____ food _____
- People can survive for a few days without air.

- A few trains is better than a few cars.

- You are reducing pollution when you use more energy.

- Some companies create a lot of energy when they make things.

- Dangerous chemicals can save you and the environment.

- Riding a bike or driving can reduce air pollution.



2 Stop and Think! What else can help prevent air pollution?

Glossary

survive: continue to live

fresh: clean and refreshing

chemicals: substances or elements, often artificial