

Dear Parents,

Welcome to *Open Day 2 Home Connection*. This is another way for you to be more involved in your child's learning. It's full of simple and fun ideas that you can do at home with your child. The support you give your child at home will ensure his or her success at school.

Each level of *Open Day* has four topics. The first topic in *Open Day 2* is called **A Busy Day**. In this topic, your child will learn to talk about his or her day-to-day activities, both at school (days of the week and school subjects) and at home (telling the time and daily routines). The **Topic Preview Activity** is a great opportunity for you to show your child that you are interested in what he or she is learning in the English class.

In each level, *Open Day* features an animal that is or has been endangered. In Level 2, the featured animal is the sea turtle. Did you know that only 0.1 percent of baby turtles make it to adulthood and that 129 out of 300 species of turtles and tortoises are currently in danger of extinction? The sea turtles appear in the *Good Buddies* comic strip in the Student's Book and have associated **Animal Activities** here in *Home Connection*.

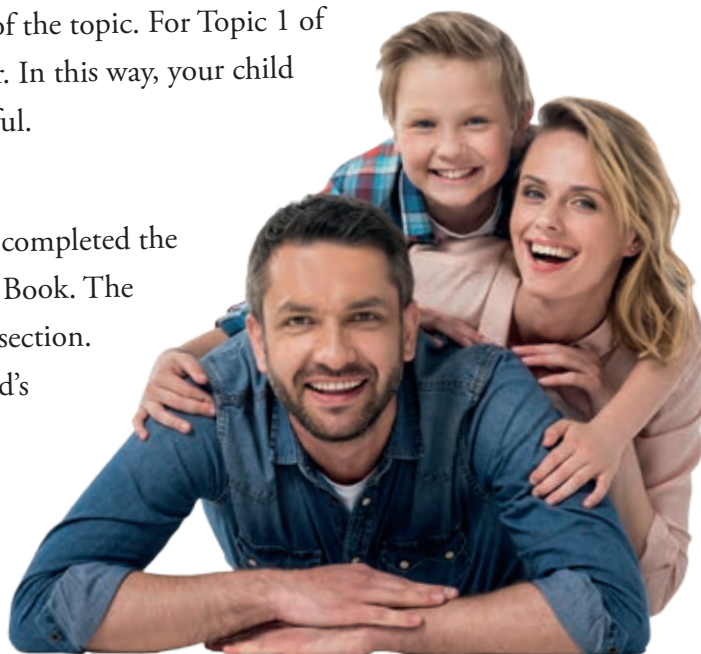
*Open Day* teaches your child more than just English. In the **Mindfulness** section, your child will learn to focus on the present moment. This will help him or her to concentrate and to manage his or her emotions. It also increases his or her self-esteem. In Topic 1 of this level, your child will learn how to manage his or her nerves and think about ways to feel calm. The **Content and Language Integrated Learning (CLIL)** section helps your child make links with other subjects through English. This section focuses on different subjects your child studies at school and teaches him or her something new about that subject using English. In Topic 1 of *Open Day 2*, your child will look at P.E. and ways of keeping fit. The **Citizenship** section focuses on your child's relationships with other people. In this topic, he or she will explore the value of being punctual.

The **Closing Activity** is a way of summarising the theme of the topic. For Topic 1 of *Open Day 2*, you will help your child make a pen organiser. In this way, your child develops his or her creativity while making something useful.

You don't have to do the activities all at once.

We recommend that you try each one after your child has completed the corresponding sections in their Student's Book or Practice Book. The corresponding Student's Book pages are indicated in each section.

We hope you will enjoy taking this active role in your child's learning.



## Topic Preview Activity Student's Book pages 12–13

### A Busy Day

Showing interest in the things your child does every day at home and at school builds his or her sense of self-worth and independence.

#### ◆ Get Ready

##### Part 1

Talk to your child about the subjects he or she studies at school. Ask: *What's your favourite subject? What's your favourite day?* If you have any photos or videos of you when you were the same age as your child, look at them together and talk about your school and your favourite subjects. Remember to be interested, positive and encouraging.

##### Part 2

Ask your child about his or her daily routine. Have your child tell you where and how his or her day starts and at what time. Then tell your child about your typical day. Compare how your days are similar and different.

#### ◆ A Day in My Life

Choose a day. Use your digital camera or smartphone to make a video or take photos of a typical day in your child's life. Record him or her getting up, brushing his or her teeth and having breakfast. You can make an audio commentary or add text to the photos. Then invite the family to watch the "A Day in My Life" video or look at the photos. This activity is fun to do and fun to watch!

## Animal Activity Unit 1 Student's Book pages 16–17

#### ◆ Get Ready

Watch this video of a turtle arriving and laying her eggs:

<https://www.youtube.com/watch?v=XskPA23coMY>

You can also find out where turtles nest on this site:

<https://conserveturtles.org/information-about-sea-turtles-worldwide-nesting-sites/>

The site also gives information about the dates turtles come back to nest at the different sites. Maybe there is a site near you!

#### ◆ Do a Welcome Back Sleepover

Why not organise a sleepover for your child's friends during the dates the turtles come back to nest? As part of the sleepover, you could watch *A Turtle's Tale: Sammy's Adventures*

(*Las Aventuras de Sammy: Un Viaje Extraordinario*) together.

Before the kids leave, remember to get them to make their beds properly, just like the turtle in the film!

Did you know that female turtles always go back to the same beach to lay their eggs? They like routine and once they make a nest on one beach, you'll be sure to see them there the following years.



## Mindfulness Student's Book page 20

### ◆ Get Ready

This topic's mindfulness focus is mindful calm. Practising mindful calm with your child will help reduce stress and enhance his or her mental capacity in his or her day-to-day life. How do you reduce your stress levels?

### ◆ Happy Images

Here is a simple way to practise mindful calm. First, find some photos of places where you have had happy times with your child. Look at the pictures together and choose a place, perhaps a quiet beach or a mountain scene, that

brings back peaceful memories. Talk about the time you spent there and why you felt relaxed there. Then help your child to frame the picture and find a place in his or her bedroom to hang it. Spend a minute looking at the picture just breathing quietly, without saying anything. Then talk about how you feel. You can use the picture to create a peaceful moment at times when your child may be feeling stressed or overexcited.

## Animal Activity Unit 2 Student's Book pages 30–31

### ◆ Get Ready

Watch these videos of sea turtles hatching and trying to reach the sea:

<https://www.youtube.com/watch?v=lpf0feh5os>

<https://www.youtube.com/watch?v=ZF9wpLfveC0>

### ◆ Play the *Turtle Plate Race*

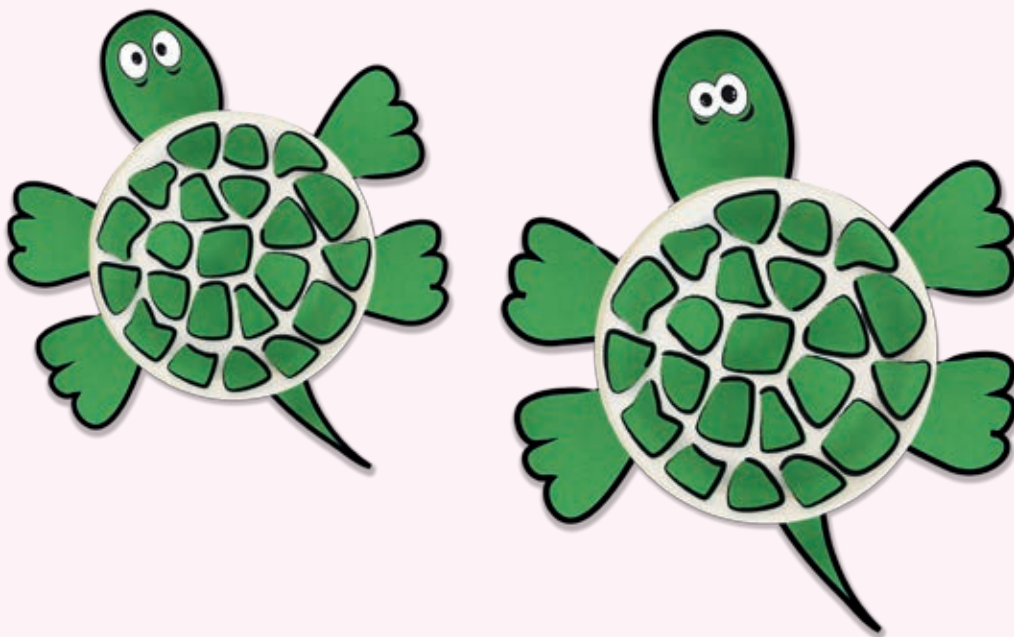
Here's a game you can play with your child.

Watch the video to see how:

<https://www.youtube.com/watch?v=tIXxkj35fA>

Now make two turtle plates for each player and play the game. You will need paper plates, pieces of coloured paper (preferably green), scissors, coloured pencils or crayons and some glue. Use the coloured paper to draw and cut the turtle's head, tail and flippers. Use the paper plate to make the turtle's shell.

Did you know that turtles are called *amniotes*? That means that though most species live in or around water, they breathe air and lay their eggs on land. Sea turtles lay their eggs in the sand. When the eggs hatch, the baby turtles, called hatchlings, have to try to get to the water safely. This is a very dangerous time for them.





## Content and Language Integrated Learning (CLIL) Student's Book pages 36–37

### ◆ Get Ready

Staying active and having a healthy lifestyle is vital for a child's overall health and well-being. Did you play any race games when you were a child? Tell your child some of the race games you used to play.

### ◆ Organise a Family Sports Day

Here are some easy-to-organise race games that most children enjoy:

#### The Wheelbarrow Race

<https://www.youtube.com/watch?v=I9X8PowdAU>

#### The Egg and Spoon Race

<https://www.youtube.com/watch?v=GRRnRJ6uUOc>

#### The Sack Race

[https://www.youtube.com/watch?v=v99GSaF\\_luA](https://www.youtube.com/watch?v=v99GSaF_luA)

#### The Three-Legged Race

<https://www.youtube.com/watch?v=46n3-W-Awx0>



You could organise a family sports day. If you don't have space at home, organise one in the park. Invite your child's friends and get them into teams. You could even make medals for the winners.

## Citizenship Student's Book page 38

### ◆ Get Ready

As your child grows older, punctuality will be an important key to his or her success in life. Learning to be punctual starts at home from a young age. Here are some tips to help your child be punctual:

1. Be punctual yourself. Set an example. Never forget how much influence you have over your child.
2. Talk to your child about ways he or she can make sure he or she is punctual. For example, setting the alarm clock or packing his or her school bag the night before going to school.
3. When you want your child to do something at a certain time, give him or her time to finish what

he or she is doing. Instead of saying "Dinner is ready!" say "Dinner is in five minutes."

4. Be positive. Reinforce and reward small changes and expect setbacks!

### ◆ Do a Punctuality Challenge

Together with your child, choose a daily activity (such as having breakfast) and agree on a time to do it. Make the time very specific, for example 7:45 a.m. If your child is on time, give him or her a small reward. If he or she doesn't make it, set another time and try again. Remember to keep your child motivated to continue being punctual.

## Closing Activity Student's Book page 41

### A Pen Organiser

A pen organiser is a good way of allowing your child to express his or her creativity and make something useful for home. Your child could even draw his or her school schedule on the organiser so he or she always knows what classes he or she has!

#### ◆ Get Ready

For this activity you will need an empty toilet paper roll or kitchen paper roll, some coloured card or paper, a pencil and rubber, some coloured pens or crayons, adhesive tape or glue and scissors.

#### ◆ Make a Pen Organiser

To make the organiser, first have your child measure out enough coloured card to go around

the paper roll. Once you know how much you need, help him or her cut out and glue it around the roll. Next, let your child cut out a circle which is the same size as one of the ends. Then let him or her tape the circle to the bottom of the roll. Finally, help your child decorate the pen organiser. Have fun and congratulate your child on what he or she made.

